



### Virtual Infant Assessment Images/Videos

I would like to be able to preview some photos and videos of your baby “doing his or her thing” before our visit. It helps me better understand your baby’s oral function and helps us create a care plan targeted to your child’s specific anatomy and feeding difficulties. I like to aim for the photos/videos detailed below.

I will share a folder to the email address provided in your client record prior to our scheduled visit where you will upload your photos and videos. Please do not text me any images or videos as I will not be assessing them from my mobile phone, they will be deleted upon receipt.

Photos/Videos:

1. **RECENT PHOTO:** One of your favorite very recent photos of your baby taken within the past couple of days. Non-professional, from a phone is great.
2. **AERIAL VIEW:** If your baby is non-mobile, an aerial view of baby wearing only a diaper lying flat on his/her back on a firm, flat surface like bed or a play mat. If baby is mobile, a brief (90 seconds to 2 minutes) video of baby crawling, sitting up or playing is helpful.
3. **FEEDING, left/right/bottle:** A short video (90 seconds to 2 minutes) of baby feeding at each breast and with a bottle, if applicable. Try to get baby’s mouth, face, and neck. Pan to the whole body of both mother and baby if you are able. If there are any concerning feeding behaviors, try to capture these for me.
4. **CRYING:** A short video of baby’s mouth and face during baby crying. If you can get an illuminated look at the hard palate (roof of mouth) in this video, that is helpful.
5. **ORAL ASSESSMENT:** A short video (1-2 minutes) of you performing an oral exam of your baby’s upper lip and tongue like the one in this video. <https://vimeo.com/86784777>. There are photos on the following page to help you see hand placement.

The goal is for ALL SEVEN ORAL FRENA to be visible in your video. I will capture still shots from your video of the following areas of the mouth:

1. the upper lip
2. the lower lip
3. under the tongue
- 4-7. the upper/lower left and right cheeks (buccal attachments)—in the photo of the cheek on the next page, notice the finger placement for buccal visibility—the index finger from one hand is lifting the upper lip while the index finger from the other hand is hooking the cheek and lifting upward and outward simultaneously to improve visibility in the “cheek pocket”

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PROCESS AND POSITIONING FOR ORAL ASSESSMENT VIDEO:

**Making this video is a two-person job!**

- ✓ Make sure the camera is set on the highest resolution
- ✓ A camping headlamp can help illuminate the areas you are capturing, or you can make sure the flash is on during recording. I only need to see inside the mouth for this video, get as close as possible and/or use the zoom feature if needed.
- ✓ Position your baby in one of two ways:
  1. **BABY ON FLAT SURFACE:** Place baby on a flat surface like a changing pad or bed. The person who is lifting the lip/tongue/cheeks can sit or stand directly behind the baby's head. The person recording should be in front of the baby recording to see inside of the baby's mouth.
  2. **PARENTS KNEE TO KNEE:** Parents can also choose to sit knee to knee facing one another in two separate chairs with the baby's head in the examiner's lap. Come from behind the baby to lift the lip/tongue/cheeks. The person recording should be in front of the baby recording to see inside of the baby's mouth.

Swaddle the baby during the oral assessment if you find hands/arms are obstructing visibility.

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Thank you for taking the time to provide these images of your baby prior to our scheduled visit. Please message me through the Mobile Lactation Consultant chat feature with any questions you have about the process of capturing/uploading these images. I am happy to help you!

PLEASE NOTE: Virtual visits come with two weeks of secure text messaging support through the Mobile Lactation Consultant app chat feature. I am unable to assess/analyze new photo/video for you between appointments.

If there are new photos/videos you would like for me to assess, please schedule a follow up visit. Add the new media to your folder 24 hours in advance of the scheduled appointment and notify me via the Mobile Lactation Consultant app's chat feature when they are uploaded for viewing.

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